



Counselling the 'Black Sheep'

A Workshop for LPCs, ALCs, Social Workers, Psychologists, Addiction Counselors and other Mental Health Clinicians

with **Andrea Mathews, LPC, PhD**

To the patient it is nothing less than a revelation when, from the hidden depths of the psyche, something arises to confront him—something strange that is not the “I” and is therefore beyond the reach of personal caprice. He has gained access to the sources of psychic life, and this marks the beginning of the cure.

—Carl Jung
*Modern Man in
Search of a Soul*

Friday, December 9, 2016
9:00 AM – 4:30 PM

Registration begins at 8:30 AM

6 NBCC contact hours & 6 ABSWE contact hours

Homewood Public Library (Round Auditorium)
1721 Oxmoor Road, Homewood, AL 35209

Many of our clients would call themselves the “black sheep” of the family. They don’t understand their own behavior and think of it mostly in terms of rebellion and “badness.” They might want you to help them correct their behavior, their thoughts, even their feelings. But the real work might go even deeper than that. There are various theories regarding the causes of the “lack of empathy” that is part of this identification: genetics, environment and spiritual abuse. We will study these and offer various therapeutic interventions meant to heal the identification with shame and awaken to more genuine internal responses.

OBJECTIVES

Upon successful completion of this workshop, participants will be able to:

- Explain the various theories regarding the causes of “bad” behavior.
- Explain the “Black Sheep” continuum.
- Explain the “lack of empathy” continuum—from insensitivity to alexithymia.
- Understand and be able to utilize several interventions to facilitate healing for this identification.



www.andreamathews.com/events

REGISTER ONLINE
\$75 before 12/7 — \$90 after 12/7

REGISTER AT THE DOOR \$90
(Cash or Check ONLY!)

Andrea Mathews, LPC, PhD has been approved as an NBCC Continuing Education Provider, ACEP provider # 6031. Programs that do not qualify for NBCC credit are clearly identified. Andrea Mathews, LPC, PhD is solely responsible for all aspects of the program.